

Listening Comprehension Tapescript

Speaker 1: Whenever I work on the computer for more than five hours I get a splitting headache afterwards. What works for me is the old-fashioned cure. I pop one in my mouth and swallow it down with a glass of water and within 15 minutes I'm ready to get back to work. After all, you know what they say, "An aspirin a day keeps the doctor away!"

Speaker 2: I've tried everything, you know, like acupuncture and homeopathic remedies but nothing worked. That is until a friend told me about aromatherapy. It's so simple. All you do is put a few drops of oil into some water, soak a cloth in it and then apply it to your brow and presto! Your headache's gone.

Speaker 3: Well, I've suffered for years and have gone through terrible agony. Once I almost even missed my own wedding because of the pain. But then I started going to an acupuncturist. At first nothing happened, in fact the headaches seemed to be getting worse. But the acupuncturist explained that this was normal. And he was right because now I rarely get headaches.

Speaker 4: I'm a 2nd grade teacher so you can imagine at the end of a weekday my head feels like it's going to explode. So, when I get home I put a few leaves of dried feverfew in a teapot, add some water and wait for it to brew. Then I sip it and after a few minutes I feel like a new woman.

Speaker 5: I don't get them very often but when I do they're bad. I mean really bad! I can hardly move and have to lie down until the pain passes. Then I read a magazine article about the benefits of homeopathic medicine. I made an appointment with my local GP and he referred me to a homeopath. After she had finished asking me about a million questions she prescribed some pills for me to take. And you know what? Those little pills that I put under my tongue work wonders.